

Topics

How Valuable is Your Time

Raising a Trailblazer

The Defiant Child, Pt. 2

Dr. Mom

Cutting Negativity
Out of the Home

Family Nutrition

Yoga



Our Mission: We exist to equip moms with practical ways to raise children according to Biblical principles by teaching, sharing ideas, and spending time together. We seek to encourage and support moms to integrate faith and family.

for registration:

Fee: \$50

Contact: Terri Phalen

508-845-0897

Online Registration:

www.gracehudson.org
under Women's Ministry

for questions:

Co-Directors:

Terri Phalen

508-845-0897

Phalen@townisp.com

Kathie Whitesel

508-787-0003

kwhitesel@gmail.com

location:

Grace Baptist Church

353 River Rd.

Hudson, MA 01749

978-562-8550

www.gracehudson.org

GRACE
Baptist Church

Parenting 101



“encouraging every
mom with children
of every age”

Grace Baptist Church Women's Ministry

2011 -2012

What is Parenting 101?

At Parenting 101 you will learn helpful and practical, information from special speakers and build supportive relationships with other moms in small groups.

Each week you are asked to take "one thing" home from the talk as a tool to boost your parenting skills.



What is a typical day ?

9:30 – 9:45 Chat & Snacks

9:45 – 10:45 Speaker

10:45 – 11:25 Small Group

When is Parenting 101?

Session 1:

September 15th – December 1st, 2011
(no meeting Thanksgiving)

Session 2:

January 12th – May 3th, 2012
(no meeting February & April Vacations)

What will my kids do while I am there?

Childcare is provided for infants, pre-school, and children in afternoon kindergarten.

Fun activities make it a special time for them as well. Space for childcare is limited so register early!



How do I join? And can I invite a friend?

Register by contacting:

Terri Phalen @ 508-845-0897

Or online at:

www.gracehudson.org

under Adult/Women's Ministry



You may register at Parenting 101, but please, call ahead to let us know how many children will be in our childcare program.

If you'd like, come just for a visit any Thursday morning and see what we're about.

And, your friends are always welcome, but please call ahead and let us know the number of children they will be bringing so that we can serve you better.